



BARNARD CASTLE SCHOOL

# THE 132<sup>ND</sup> BARNARD RUN



Monday 27<sup>th</sup> November 2023



in support of *Cardiac Risk in the Young (CRY)*

Presentations by special guest, **Sir Brendan Foster CBE**



## HEADMASTER'S WELCOME

It gives me immense pleasure to welcome you to the 132<sup>nd</sup> iteration of our longest standing inter-house competition at Barnard Castle School; the 'Barney Run'.

I was struck upon my arrival at Barney back in 2016 how feverish and committed the School was to this competition. My experiences of cross-country competitions in schools had been a genuine reluctance on the part of pupils, yet at Barney it is widely accepted and embraced as part of our School and its traditions.

In an ever-changing world, it is nice to have anchors that never change, and the Barney Run, and the Bashes that precede the Run, raising as they do thousands of pounds for charity and ensuring every single pupil participates, are engaged with by the whole school community.

Whilst some will be the first to admit that they are never going to be pushing for podium places (and I obviously include myself in this group, especially after recent events!), the way in which all the students approach all aspects of the running competitions is a credit to them and our overall approach to events such as this.

What makes this year even more exciting than usual is the very special guest we have in our presence today. Sir Brendan Foster is a living legend in the world of athletics, and one of the North East's most treasured sons. I also have the immense privilege of being able to call him a friend; his daughter is one of my wife Dawn's oldest and closest friends (and who is godmother to our eldest child).

Our shared love of sport and the occasional social beverage have meant I have had the pleasure to get to know Brendan in a personal capacity, and if you think he is lovely on the screen, I can assure you is as humble, gracious and humorous off it (with a very healthy competitive spirit to boot!).

It will add something special to an already unique event, and I hope you all enjoy the occasion.

With best wishes,

**Tony Jackson**  
**Headmaster**  
**Barnard Castle School**



*Mr Jackson with Sir Brendan Foster CBE, after completing the 2019 Great North Run*

# RACE PROGRAMME

## PREP SCHOOL

- 11.00 PRE-PREP BARNARD RUN** (0.75 miles as of 2021)  
Records: Clara Worthington (2021) 5:58; Jack Westgarth (2022) 5:23
- 11.10 YEARS 3 & 4 BARNARD RUN** (1.25 miles as of 2021)  
Records: Freya Turner (2021) 9:21; Acer Tarn (2022) 9:03
- 11.25 YEARS 5 & 6 BARNARD RUN** (1.25 miles as of 2018)  
Records: Sasha Patterson (2022) 8:45; Joshua Dickson (2020) 8:32

## SENIOR SCHOOL

- 11.35 THE LLOYD EVANS CUP**  
Senior Boys - 4.0 miles  
Record: Daniel Richardson (2022) 23:43  
*Geoffrey Turnbull - historic course (1979) 20:45*
- 11.37 THE TURNBULL SHIELD**  
Senior Girls - 4.0 miles  
Record: Isabelle Brown (2022) 28:49
- 12.05 THE BLACKETT CUP**  
Intermediate Boys - 3.0 miles  
Record: Joshua Dickson (2022) 18:23
- 12.15 THE WILFORD CUP**  
Intermediate Girls - 3.0 miles  
Record: India Pentland (2017) 19:59
- 12.25 THE ALASTAIR McCULLOCH CUP**  
Junior Boys - 3.0 miles  
Record: Freddie Langton (2017) 19:04  
*Alastair McCulloch - previous course (1997) 15:19*
- 12.27 THE GEOFFREY TURNBULL CUP**  
Junior Girls - 3.0 miles  
Record: Ella Turner (2022) 19:32

### BOYS' TEAMS

Senior: 16 run and 14 score  
Intermediate: 12 run and 10 score  
Junior: 12 run and 10 score  
Old Courts: 6 run and 5 score  
Intermediate Boarders: 6 run and 5 score

### GIRLS' TEAMS

Senior: 16 run and 14 score  
Intermediate: 12 run and 10 score  
Junior: 12 run and 10 score  
Old Courts: 6 run and 5 score

## HISTORY OF THE BARNARD RUN

On Foundation Day 1892, a cross country run, referred to as 'The Steeplechase', was introduced by the Games Committee in place of the 'Annual Paperchase', which had commenced in 1885 when Barnard Castle School was located at Middleton One Row.

Although the Barnard Cup was presented during the summer of 1893, it was backdated to the previous run, a year before, where Durham House was announced as the inaugural winners.

The original course started from the Tees Viaduct and runners then proceeded along the Yorkshire side of the Tees and across Cotherstone Suspension Bridge and back again, crossing the railway by the Stone Bridge, through Flatts Wood to the School. The fixed points were the two bridges, the rest of the course being left to the competitors – a sort of point to point. It is said that the early runners had to contend with angry game keepers, trip-wires and crossing the railway line whilst being pelted with cinders by the engine drivers.

In 1964, The Barnard Run, known affectionately today as the 'Barney Run', moved from Foundation Day to be run during the Lent Term, whereas now, the races are held during the Michaelmas Term. Over the years, there have been many changes to the course for a variety of reasons, and from 1962 until 2016, the course included the run up to Top Tree and the finish by A Block.

Adding to our event's history, in 2017, Prep School pupils competed in the Barney Run for the first time.



## SIR BRENDAN FOSTER CBE

Sir Brendan Foster CBE, a British former long-distance runner, enjoyed an impressive sporting and broadcasting career.

Born in Hebburn, Foster represented Great Britain 18 times at the Olympics and Commonwealth Games, as well as a further six occasions at the European Championships. Over the course of his career, he won a European Championships Gold medal in 1974 and an Olympic Bronze medal in 1976.

In the same year as his European Championships success, Brendan was awarded the BBC's prestigious Sports Personality of the Year award.

In addition to his exploits on the track, Sir Brendan is world renowned for establishing The Great North Run. He was inspired to do so after competing in the Round the Bays Race in New Zealand, in 1979, and a mere two years later, the first Great North Run was staged on 28th June 1981.

12,000 runners participated in the inaugural race, which has since grown to in excess of 60,000 participants, making it one of the biggest running events in the world.

Following his glittering athletics career, Foster worked for the BBC as a broadcaster and commentator between 1980 and 2017, covering nine summer Olympic Games, every Commonwealth Games since 1982 and every World Championships since its debut back in 1983.

In the 1976 New Year Honours, Brendan was appointed a Member of the Order of the British Empire (MBE) for services to athletics, and promoted to Commander of the same Order (CBE) in the 2008 New Year Honours for services to sport. Continued success followed as in 2010, he was duly inducted into the England Athletics Hall of Fame.

Later, in December 2016, Foster was given the Freedom of the City of Newcastle, the city's highest honour and a year later, in recognition of his major contributions to the advancements of athletics, he was awarded the World Athletics' highest award, the Golden Order of Merit.

Foster was knighted in the 2020 Birthday Honours for services to international and national sport and to culture in North East England.

SIR BRENDAN FOSTER CBE



*Sir Brendan Foster previously visited Barney in 1981, when he started the race, carried out the presentations, and spoke with students*



*In 1974, he was crowned European Champion in the 5000m, at that year's championships in Rome*





For this year's 'Barney Bash', a series of charitable runs leading up to the historic Barney Run, we are supporting an incredible cause, ***Cardiac Risk in the Young (CRY)***.

Every week in the UK at least 12 young people die of undiagnosed heart conditions. Since its formation in 1995, CRY has been working to reduce the frequency of young sudden cardiac death (YSCD). CRY supports young people diagnosed with potentially life-threatening cardiac conditions and offers bereavement support to families affected by YSCD. CRY promotes and develops heart screening programmes and funds medical research. CRY publishes and distributes medical information written by leading cardiologists for the general public. CRY funds specialist referral, screening and cardiac pathology services at leading UK hospitals.

The Barney Bash was initially introduced to provide a means for Houses to select their Barney Run teams. Pupils run the same course as the Barney Run itself. They are a House competition in themselves, where every member of the House can contribute to Nailing Up at the end of term; all pupils in every House count! Lastly, but perhaps more significantly, the Barney Bashes are fundraising events. There are three Bashes: the Seniors (Years 11-13), the Inters (Years 9 & 10) and the Juniors (Years 7 & 8). The aim is for pupils to be sponsored by as many people as possible to help raise money for our chosen charity this term, CRY.

Adding to the occasion for 2023, in his final year as Headmaster, Mr Jackson agreed (reluctantly!) to run the Bash! Owing to a staggering amount raised for CRY by staff and the governing body, he also competed in fancy dress!

You can enjoy our highlights and some wonderful photos of the event on the previous page!

**Butterwick Charity Cup (Barney Bash)**  
**in support of Cardiac Risk in the Young (CRY)**  
**(Scan QR code for further details and to donate)**



# INDIVIDUAL WINNERS

## THE LLOYD EVANS CUP Senior Boys (Years 11, 12 & 13)

2018	C Ellis	Dale	26.40	2020	F Langton	Dale	-
2019	A Hunt	North'	24.33	2021	F Langton	Dale	25.54
2020	A Hunt	North'	24.21	2022	D Richardson	North'	23.43

## THE TURNBULL SHIELD Senior Girls (Years 11, 12 & 13)

2018	I Pentland	Marwood	20.40	2020	S Baker	Marwood	-
2019	M Forsyth	Marwood	22.59	2021	A Coyle	Bowes	32.08
2020	J Powell	Marwood	30.07	2022	I Brown	Bowes	28.49

## THE BLACKETT CUP Intermediate Boys (Years 9 & 10)

2018	J Duarte	Durham	19.09	2020	H Hulley	Tees	-
2019	F Langton	Dale	18.57	2021	H Hulley	Tees	18.28
2020	F Langton	Dale	19.02	2022	J Dickson	Dale	18.23

## THE WILFORD CUP Intermediate Girls (Years 9 & 10)

2018	B Wilson	Bowes	23.41	2020	I Brown	Bowes	-
2019	B Wilson	Bowes	21.54	2021	I Brown	Bowes	20.16
2020	A Dry	Bowes	24.20	2022	S Tarn	Bowes	21.32

## THE ALASTAIR McCULLOCH CUP Junior Boys (Years 7 & 8)

2018	D Richardson	Dale	19.18	2020	J Dickson	Dale	-
2019	D Richardson	Dale	19.25	2021	J Dickson	Dale	20.02
2020	W Hutchinson	Tees	19.44	2022	T Wheeler	Durham	19.05

## THE GEOFFREY TURNBULL CUP Junior Girls (Years 7 & 8)

2018	A Dry	Bowes	23.05	2020	S Tarn	Marwood	-
2019	P Barlow	Bowes	21.48	2021	E Turner	Marwood	20.33
2020	S Tarn	Marwood	23.52	2022	E Turner	Marwood	19.32

# HOUSE WINNERS

## THE BARNARD CUP

Winning Boys' House

2018	Durham	2020	Tees
2019	Dale	2021	Dale
2020	Tees	2022	North'

## THE BISHOP CUP

Winning Senior Boys' House

2018	Durham	2020	Tees
2019	Dale	2021	Dale
2020	Dale	2022	North'

## THE CHATT CUP

Winning Girls' House

2018	Bowes	2020	Bowes
2019	Bowes	2021	Bowes
2020	Bowes	2022	Marwood

## THE SENIOR GIRLS' CUP

Winning Senior Girls' House

2018	Bowes	2020	Marwood
2019	Bowes	2021	Bowes
2020	Bowes	2022	Bowes

## THE ALAN LUMLEY CUP

Winning Intermediate Boys' House

2018	North'-York	2020	Dale
2019	Dale	2021	Tees
2020	Tees	2022	Tees

## THE FRED TURNBULL CUP

Winning Intermediate Girls' House

2018	Bowes	2020	Longfield
2019	Bowes	2021	Bowes
2020	Marwood	2022	Longfield

## THE JUNIOR BARNARD CUP

Winning Junior Boys' House

2018	Dale	2020	Tees
2019	Dale	2021	Old Courts
2020	Tees	2022	Durham

## THE ROSS CUP

Winning Junior Girls' House

2018	Bowes	2020	Longfield
2019	Bowes	2021	Marwood
2020	Marwood	2022	Marwood



